

Is There a (Seminole) Doctor in the House? Worksheet

Native American Medicine Men and Women used plants to make remedies and medicine to cure illnesses and diseases. Use the information about Florida Native plants to match the Medicine plant (or plants- there may be more than one) with the symptoms to cure the illnesses. Not all plants listed are Medicine plants.

Red (Swamp/Florida) Maple
 Leather (Leaf) Fern
 Century Plant
 Pond Apple
 Marlberry
 Gumbo Limbo
 American Beautyberry
 Canna
 Satin Leaf
 Sea Grape
 Silver Buttonwood

Scouring Rush Horsetail
 Firebush
 Dune (Beach) Sunflower
 Dahoon Holly
 Yaupon Holly
 Southern Blue Flag Iris
 Southern Magnolia
 Simpson's Stopper
 Prickly Pear Cactus
 Peperomia
 Swamp Red Bay

Pickeral Weed
 Slash Pine
 Wild Coffee
 Live Oak
 White Indigo Berry
 Bald Cypress
 Sabal Palm
 Saw Palmetto
 Spanish Moss
 Coontie

Illness	Symptoms	Medicine Plant(s)
Ballgame Sickness	sores, back, arm or leg pain, muscle pain	
Bear Sickness	fever, headache, thirst	
Bird Sickness	diarrhea, vomiting, appetite loss	
Cat Sickness	nausea	
Cow Sickness	chest pain, digestive pain	
Deer Sickness	numb/painful arms, legs, joints	
Grass Sickness	fever, headaches, weight loss	
Ghost Sickness	grief, appetite loss, vomiting	
Opossum Sickness	appetite loss, drooling	
Rainbow Sickness	fever, stiff neck, backache	
Snake Sickness	itchy, dry skin, rash	
Sun Sickness	eye pain, headache, fever, diarrhea	

Illness	Symptoms	Medicine Plant(s)
Thunder Sickness	fever, dizziness, headache, diarrhea	
Wolf Ghost Sickness	digestive trouble, stomach pain, vomiting	
Posion Ivy, skin rashes	itching, bumps, rash, redness	
Arthritis	joint swelling, stiffness and pain	
Insect bites	itchy, red bumps, pain, swelling	
Bleeding	unstoppable heavy bleeding	
Cuts, bruises, sores, burns	same as illness	
Warts	same as illness	
Tiredness	sleepy, tired, lethargic	
Shock	fast heart beat, heavy breathing, fainting	
Coughs, colds, asthma	cough, stuffy nose, sore throat, trouble breathing	